

# **SUICIDE PREVENTION**

## **intake and assessment available 7 days a week, 7am-9pm.**

**From 21 October 2019** On The Line will manage the intake and assessment for the CAREinMIND Suicide Prevention Service (SPS) now operating extended hours, from 7am to 9pm, 7 days a week.

Please update your medical software with the new SPS referral form and the new contact numbers below.

**! Suicide Prevention Services is not an acute or crisis service.**

Suicide Prevention Services are intensive, short term psychological services (up to 8 sessions with a mental health clinician) for people at risk of suicide or self-harm.

For eligibility criteria visit [nwmphn.org.au/careinmind](http://nwmphn.org.au/careinmind)

## **SUICIDE RISK ?**

**(not acute or crisis)**

**Yes**

**NEW SPS REFERRAL FORM**

Download the SPS referral form:  
[nwmphn.org.au/CAREinMIND](http://nwmphn.org.au/CAREinMIND)

**NEW NUMBERS for SPS  
intake and assessment**

Send referrals to:

**FAX (03) 8080 8948**

or call On the Line for clinical  
or referral advice on:

**CALL 1300 032 192**

On The Line will provide advice and  
clarification to GPs/referrers  
and allocation to providers.

# Free mental health services for people in north western Melbourne

Free services are available to your patients through CAREinMIND™ referral, intake and assessment.

## Who is eligible?

People of all ages who:

- are unable to afford (or are ineligible for) other local services
- are experiencing all levels of mental health stress from mild to severe
- live, work or study in the north western Melbourne area.

For more detailed eligibility criteria visit the [System of Care](#) page.

## What services are available and how to refer?

Referrals are assessed and triaged, based on a person's clinical needs, then allocated to an appropriate, experienced mental health practitioner.

Referrals are managed via the CAREinMIND central intake for TPS and ISS services. CAREinMIND SPS intake, assessment and allocation is now managed by On the Line, operating extended hours 7days, 7am-9pm.

**NEW Forms**

- Download the 2 x CAREinMIND NEW referral forms (TPS/ISS) and (SPS) in software compatible versions from [nwmphn.org.au/careinmind](http://nwmphn.org.au/careinmind). If referrals are incomplete or ineligible they may delay your patient receiving these services.
- If you need help uploading into your software contact the primary care practice team on (03) 9347 1188



Service	Details	How to refer
 <a href="#">Suicide Prevention Services</a>	For people at risk of suicide or self-harm. This is not an acute or crisis service, up to 8 sessions.	→ <a href="#">CAREinMIND SPS referral form</a> → Intake, assessment and allocation by On the Line: 7 days, 7am-9pm. → Fax: (03) 8080 8948 Phone: 1300 032 192
 <a href="#">Targeted Psychological Support Services</a>	For mild to moderate mental illness, up to 12 sessions.	→ <a href="#">CAREinMIND (TPS/ISS) referral form</a> → <a href="#">Mental health treatment plan</a> → Fax referrals to (03) 9348 0750
 <a href="#">Intensive Support Services</a>	For people experiencing more severe mental illness and requiring more intensive support.	→ <a href="#">CAREinMIND (TPS/ISS) referral form</a> → <a href="#">Mental health treatment plan</a> and/or other supporting mental health documentation → Fax referrals to (03) 9348 0750
 <a href="#">Wellbeing Support Service</a>	For lower intensity needs. Phone and online counselling available 24/7.	→ Self-referral, web or phone: 1300 096 269 or <a href="http://careinmind.com.au">careinmind.com.au</a>



Contact the CAREinMIND team: Call (03) 9088 4277  
Email [careinmind@nwmphn.org.au](mailto:careinmind@nwmphn.org.au) or Fax referrals using secure fax: (03) 9348 0750